

Letter Writing Instructions

1. If you have determined that you live in District 5, **print** this packet
 - a. Please note: The included letters are meant to be printed as two-sided letters with an address on the back and your letter on the inside front.
2. **Read** the sample customizations and instructions on writing your own letter (next page)
3. **Add** your customizations to printed letters in this packet (or write your own letter to each member of congress)
4. **Sign** your completed letters and include your mailing address
5. **Fold and tape shut**
 - a. If you wrote your own letter (and did not use one of the included letters), write the mailing address for the congress leader on the back of your taped letter.
6. **Return** your taped letters to the box on the table next to the Breadbox

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The enclosed sample letters are just that, samples.

If you choose to use the sample letter as your letter please include a personal, hand written comment at the end. Here are some example personal comments;

- My church helps out through a weekly community meal, donating to foodbanks, providing 'weekender' backpack food to school children, and packing food for international relief. We cannot do it alone. We need you and the federal government to help us fight hunger at home and around the world. We all play a part.
- My child's classmates use the regular school lunch and breakfast programs and I have seen the impact this can have on the classroom environment. Access to lunches during the summer is critical to having students ready to learn at the start of the school year.
- Children in my school use the regular school lunch and breakfast programs and they have seen the impact this can have on the whole classroom environment and learning. Access to lunches during the summer is critical to having students ready to learn at the start of the school year.
- I have seen the results of malnutrition in stunted and underweight children. My Christian faith calls me to act. As a country we can and should do more to eliminate childhood malnutrition.
- Malnourished children in impoverished countries are very likely to grow up to be angry and violent. We need to treat childhood hunger as a national security issue.
- Unlike many health crises around the world we have the tools and the knowledge to fight and eliminate childhood malnutrition. We need to act.
- I donate money to international aid agencies to fight childhood hunger and malnutrition because it is important to humanity. Children just like American children are fighting for their lives in a situation they did not create. They need and deserve our help.
- Children who grow up hungry develop learning disabilities and reduced IQs that are permanent. These children grow up to be under-productive adults

and the cost to the country far outweighs the cost of feeding the children when they are young.

Everyone is encouraged to write a personal, hand-written letter about the subject of their choice. Our elected members of Congress want to hear from us about policies that we feel are important; immigration, criminal justice reform, health care, housing, education, environment, etc.

We know that when a letter contains a compelling personal story it is set aside to be read by the Senator or Representative.

Please be respectful and make your policy points as clearly and succinctly as possible. We know that personal letters with a compelling story are pulled aside for the member of Congress to read.

If you choose to write about the Bread for the World 2019 hunger topic, childhood nutrition, please try to incorporate the following points in your letter.

- Hollingsworth only - Cosponsor and vote for H. Res. 189 committing the United States to support a global initiative to accelerate progress on childhood nutrition. Both Sen Young and Braun have cosponsored the Senate version of the resolution. Reps. Carson, Brooks and Pence have already cosponsored H. Res. 189.
- Support improving distribution and access to summer feeding programs for children. Mobile feeding trucks deliver food to those who need it where they are. Also, improve communication and advertising about food availability through new and innovative ways such as smart phone messages.
- Increase funding for global nutrition aimed at the first 1000 days to \$200 million.
 - Globally, malnutrition accounts for 50% of the 3 million children under 5 who die annually
 - Nearly a quarter of the world's children under 5 suffer stunting and wasting resulting from malnutrition
 - Malnutrition costs the global economy an estimated \$3.5 trillion in healthcare costs

Printable, customizable letters begin on next page.

March, 2020

Subject – Confronting Global Nutrition Deficit

Dear Representative Brooks;

Thank you for supporting and helping to pass H. Res. 189. This resolution makes a strong statement about the United States' commitment to poor and hungry people. You are helping families in the United States and around the world get the nutrition they need to lead healthy lives. Access to good nutrition is a non-partisan issue.

I urge you to make strong investments in nutrition programs for the most vulnerable in the U.S. and abroad, especially mothers and children and support Hunger-Free Summer for Kids Act (sponsored by Senators Boozman (R-AR) and Sen. Patrick Leahy (D-VT) which adds flexibility to the U.S. Department of Agriculture's (USDA) Summer Food Service Program (SFSP). The bill gives states additional options to reach hungry children in communities without a centralized feeding site during the summer

Our government should provide leadership toward a well-nourished world. For details or if you have any questions please contact Bread for the World at 202-639-9400. Please let me know that I can count on your support.

Respectfully,

Representative Susan Brooks
2211 Rayburn House Office Building
Washington, DC 20515

March, 2020

Subject – Confronting Global Nutrition Deficit

Dear Senator Young;

Thank you for supporting and helping to pass S. Res. 260. This resolution makes a strong statement about the United States' commitment to poor and hungry people. You are helping families in the United States and around the world get the nutrition they need to lead healthy lives. Access to good nutrition is a non-partisan issue.

I urge you to make strong investments in nutrition programs for the most vulnerable in the U.S. and abroad, especially mothers and children and support Hunger-Free Summer for Kids Act (sponsored by Senators Boozman (R-AR) and Sen. Patrick Leahy (D-VT) which adds flexibility to the U.S. Department of Agriculture's (USDA) Summer Food Service Program (SFSP). The bill gives states additional options to reach hungry children in communities without a centralized feeding site during the summer

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Respectfully,

Senator Todd Young
400 Russell Senate Office Building
Washington, DC 20510

March, 2020

Subject – Confronting Global Nutrition Deficit

Dear Senator Braun;

Thank you for supporting and helping to pass S. Res. 260. This resolution makes a strong statement about the United States' commitment to poor and hungry people. You are helping families in the United States and around the world get the nutrition they need to lead healthy lives. Access to good nutrition is a non-partisan issue.

I urge you to make strong investments in nutrition programs for the most vulnerable in the U.S. and abroad, especially mothers and children and support Hunger-Free Summer for Kids Act (sponsored by Senators Boozman (R-AR) and Sen. Patrick Leahy (D-VT) which adds flexibility to the U.S. Department of Agriculture's (USDA) Summer Food Service Program (SFSP). The bill gives states additional options to reach hungry children in communities without a centralized feeding site during the summer

Our government should provide leadership toward a well-nourished world. For details or if you have any questions please contact Bread for the World at 202-639-9400. Please let me know that I can count on your support.

Respectfully,

Senator Mike Braun
B-85 Russell Senate Office Building
Washington, D.C. 20510